



MUDDYFACES



A-Z of Mud Play

A is for art & animal tracks

B is for boys, buns & boggarts

B is for...



C is for camouflage, crocodile & cake

D is for dancing with your eyes shut, drinks, desserts, dollop & dorodango

E is for earth oven, and exploring, engaging, experimenting, engrossing, energy, exciting & excellent

F is for the feeling of mud on your faces, fingers & feet. Free to fondle, ferret & flick

F is for...



G is for girls, gloopy, giants, goblins & guddling about

G is for...



H is for healthy, happy, hippos

I is ice cream & an important immune system boost

J is for jumping for joy

J is for...



K is for kettle & for kids in mud kitchens in every setting

L is for lovely, leaping in the loam, lost wellies & all the living things that lurk in the garden, like the lizard, the louse & the ladybird



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M is for magic memories & mud,
mud, glorious mud



N is for natural, nourishing, nurture
& negotiations

O is for original & being outside

P is for pies, prints, painting & potions



Q is for quantities & quality of learning

R is for recycle - another person's
rubbish is a mud kitchen's resource

S is for squelching, senses, slipping,
sliding, swamps & spoons



T is for throwing at targets and,
most important of all, time to do
what we need to do

U is for under the earth, umbrella,
utensils & unique

V is for viscosity & volcano

W is for wattle & daub, wallowing,
whisking and washing with water
when we are finished



X marks the spot

Y is for lots of enthusiastic yesses &
the yuckier the better

Z is for zzzzzzz after a busy day
playing outside



**Celebrating
International
Mud Day!**

Muddy Faces supports International Mud Day
on 29 June every year. Visit our MUD section
to download a FREE Making a Mud Kitchen
book and find more activities, inspiration &
information about Mud Day and mud play.

muddyfaces.co.uk/outdoor-hub/mud

www.muddyfaces.co.uk



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