



MUDDYFACES



Mud Inspirations

A patch of mud and some old kitchen utensils or gardening tools are all you need to create an opportunity for stimulating sensory play, exploration and discovery - just add children!

Here are some ideas to take your mud play further and to get the (mud) ball rolling for mud day celebrations. You'll find more details, free downloads, tips and more on the **Mud** pages of the **Outdoor Hub**.

Host a Mud-Olympics

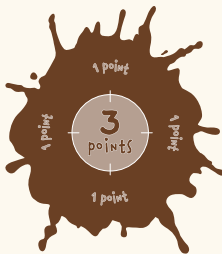
Mud & Spoon Race – balance your mud ball & be first to cross the finish line

Splat Throwing – set up a target & hit the bullseye for a perfect score

Treasure Hunt – make a muddy scavenger map but watch out for booby traps!

Mud Splash High Jump – who can make the biggest splash?

Make a Mud Slide – use water & a tarp to create a slippery slope.



Make a Shiny Mud Ball!

Hikaru dorodango, the Japanese art of making mud shine. Simple, engaging & rather compulsive!



Build a Boggart

In old English folklore a boggart is a mischievous spirit. Use clay and natural materials to create fierce faces and tell tree-mendous stories about the characters you find.



For more fun activities and ideas visit our **Outdoor Hub**
To buy resources featured in this activity visit our **Shop**





Get Involved

If any grown-ups or children are uncertain the best option is to lead by example! Get yourself muddy, take off your shoes and let the mud squish between your toes, offer your face as a canvas for mud painting. *"Mud washes but memories last."*



Make a Modular Mud Kitchen

Provide a range of interesting resources that allow your mud play to be changed and developed into many different imaginative scenarios - such as a Mud Kitchen, Creepy Crawly Cafe or a Mud Laboratory.

Muddy Faces **Create Modular Mud Kitchen** appears in The Independent newspaper's *11 Best Mud Kitchens to Encourage Your Child's Creativity* feature - voted '**Best for Open-Ended Play**'. Take a look at our Modular Mud Kitchens for ideas to make yourself.



Read a Mud Book

Our Making a Mud Kitchen book has everything you need to know about mud kitchens – all the whats, whys, wheres and hows - and is available to download for free.

Making a Mud Kitchen has been translated into TWELVE different languages and counting!



Download your free pdf on the Outdoor Hub.



JUNE 29

Celebrate International Mud Day

Whilst we believe that every day can be a mud day, 29 June is the official day to mark the wonders of marvellous mud. If you haven't before, make Mud Day the day you take your first squelchy steps!

www.muddyfaces.co.uk



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